# iPhone Selfie
## blueprint

## APERTURE

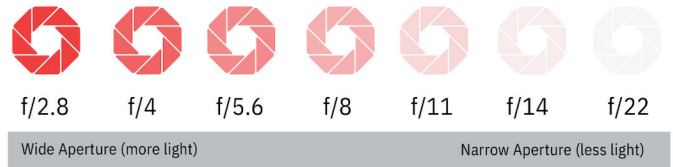| f/2.8 | f/4 | f/5.6 | f/8 | f/11 | f/14 | f/22 |
|---|---|---|---|---|---|---|

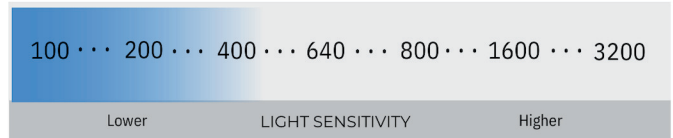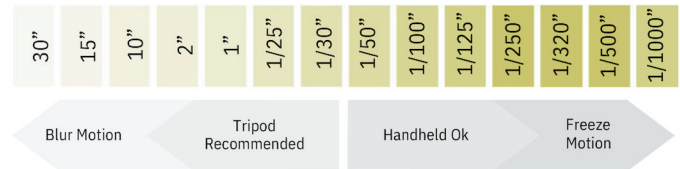| Wide Aperture (more light) | Narrow Aperture (less light) |
|---|---|

Large apertures will result in a shallow depth of field. Use Protrait Mode on the iPhone and further open the aperture with the f/stop control by setting it to f/1.4 or f/2.8

## ISO

| 100 · · · 200 · · · 400 · · · 640 · · · 800 · · · 1600 · · · 3200 |
|---|

| Lower | LIGHT SENSITIVITY | Higher |
|---|---|---|

The iPhone will choose the best ISO for you so don't worry about this. The important thing is that it is set to Portrait Mode.

## SHUTTER SPEED

| 30" | 15" | 10" | 2" | 1" | 1/25" | 1/30" | 1/50" | 1/100" | 1/125" | 1/250" | 1/320" | 1/500" | 1/1000" |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|

| Blur Motion | Tripod Recommended | Handheld Ok | Freeze Motion |
|---|---|---|---|

The iPhone will select the best shutter speed for your lighting conditions HOWEVER, remember that low light with an iPhone may result in blurry or grainy shots. Try to shoot in even, natural light and hold the iPhone against something solid to stop it from moving.

# the essentials

## 1 natural lighting

iPhones do wonderfully with lots of natural light. To take the optimum selfie with an iPhone you should position yourself near a window with lots of streaming. soft, natural light.

Position yourself at about a 45 degree angle to the window.

That position should cast a lot of soft light across your face while also producing some minor shadows to create depth and contrast.

**TIP:**

Experiment with the light settings on the iPhone. Usually "Natural Light" will be the one, but you can also get some interesting effects from the other light settings.

## 2 background

In a lot of portrait photography like selfies, the background can make a massive difference to the quality of the final shot.

If you use "Portrait Mode" on your iPhone and an aperture settings of f/1.4 or f/2.8 as recommended above, your background will be blurry. But make sure it is still interesting. That means it's either plain, or very busy.

Errant items in the background can look out of place so avoid them.

**TIP:**

Stand in front of a plain wall (brick walls are great) or a busy scene like a busy street or distant shrubbery.

## 3 post-production

Lightroom Mobile is the current king of the mobile editing apps. Look to correct your exposure with the white and black sliders.

Us the color grading settings to add a funky retro film feel to your selfie.

**TIP:**

If you don't want to use Lightroom, then free options like PhotoPea.com or Canva.com can suffice to get you similar effects.